

Branch County Community Mental Health Authority

Minutes of the September 27, 2022 Board Meeting

Members Present: Tom Schmelzer, Bing Johnson, Jon Houtz, Gina Wright, Karl Duda (Zoom), Jay Gallagher, Joe Scheid, Lori LaBundy, Tracey Kelley and Wendy Salyer.

Staff Present: Sue Germann, Sue Enos, Jean Weber, Tim Brown, Megan Daws, Doug Baker, Jennifer Giron, Julie Robert (Zoom), Kammy Ladd (Zoom), Tamara Winchell, Renee Mundy, Jessica Singer, Kyle Kenny and Mark Katz.

Chairman Tom Schmelzer called the meeting to order at 6:00 pm.

Approval of the Agenda: Motion was made by Bing Johnson and supported by Wendy Salyer to amend the agenda to put Board Education before the Budget Hearing. Motion carried.

Minutes of the August 23, 2022 Meeting: A motion was made by Jon Houtz and supported by Wendy Salyer to approve the minutes of the August 23, 2022 meeting and put them on file. Motion carried.

Public Comments: None

Board Education:

- Sue Germann demonstrated how Pines finances work by presenting glass jars with cereal and how each bucket of funds work by clientele. The cereal represents people that Pines is paid per member per month who is Medicaid eligible. There are many Medicaid sources. The disabled, aging and blind are referred to as the traditional Medicaid clients. Temporary assistance for needy families that goes into Pines Medicaid funds as well. The Healthy Michigan Plan is expanded Medicaid that started during the Affordable Care Act. Healthy Michigan Plan clients are Pines largest funding source. Pines also has Substance Abuse money that goes into Medicaid funds.
- General Fund has fluctuated since the Affordable Care Act due to Healthy Michigan Plans. Since the Affordable Care Act, Pines has seen a reduction in General Fund dollars' decreasing by 65% since 2014. Programs had to close due to the decrease in General Funds and allocated to safety net services for Mobile Crisis, Jail as well as the uninsured clients. In the last five years, the state recalculated General Funds to the counties that received the biggest reduction and Pines has seen an increase to General Funds. Pines will receive \$800,000 for Fiscal Year 2023 for General Funds.
- Block grant funds cover substance use for the uninsured. The block grant serves two purposes. Part of the grant is to serve substance use prevention and the other part is to serve substance abuse treatment. Pines two largest grants are SAMSA and CCBHC. SAMSA grant is to fill in the gaps due to COVID. The CCBHC grant is to serve the mild to moderate. SOAR grant serves substance use for opioid use disorder. Pines has a series of mental health grants such as jail diversion, integrated physical health and care connector. PA2 grant is given to each county for substance use services that are not covered elsewhere.
- Local funding is made up of consumer fees. Ability to pay is based off of the client's income.
- Commercial insurance paid by the client goes into local funds.
- Performance based incentive monies that comes from SWMBH if Pines meets certain performance indicators.

- County match since 2001 has had to pay \$180,000 instead of 10% of Pines total budget that used to be required prior to 2001.

Budget Hearing:

A motion was made by John Wellet with support by Wendy Salyer to close the regular board meeting to allow for a Budget Hearing on the Proposed Fiscal Year 2023 budget. Roll call vote to close the regular board meeting and open the Budget Hearing. Roll Call Vote: Tom Schmelzer-yes, Jay Gallagher-yes, Joe Scheid-yes, Wendy Salyer, and John Wellet-yes *Motion carried.*

Tim Brown and Sue Germann went through and described the proposed 2023 draft budget in the amount of \$21,485,897. There will be an amendment in the future as we do not have the final rates yet from the State. There were no general public comments.

A motion by John Wellet and supported by Wendy Salyer to close the draft budget hearing, and return to the regular Board meeting: Roll call vote: Tom Schmelzer-yes, Jay Gallagher-yes, Joe Scheid-yes, Wendy Salyer and John Wellet-yes. *Motion carried.*

CEO Report:

- Contract needs to be signed by SWMBH. All eight CMH's will meet with Mila Todd from SWMBH to go over red line changes. Fiscal year 2023 changes for delegated functions are not the functions themselves but the wording of CMHSP to Subcontractor. The rest of the contract has stayed the same. A motion was made by Jay Gallagher with support by Wendy Salyer to approve signing SWMBH's contract with Pines. *Motion carried.*
- New mental health block grants start 10/1/2022. Integrated Health expansion grant is now open to anyone who has metabolic syndrome. Pines will be assessing all clients for metabolic syndrome and refer those clients to Pines dietician.
- Jail diversion grant was expanded to work with the prosecutor for second chance for women program for first time offenders.

MDHHS Update: A law was passed that will make CCBHC permanent. Within that law, every two years additional ten states will be added as demonstration projects. Shirkey bill expected to pass during lame duck. The bill on the table is if a CMH cannot respond within an hour then the hospital emergency room can do the pre-screen.

SWMBH Update: October 7, 2022 Annual Healthcare Policy Forum in Kalamazoo. Fred Upton will be honored.

Customer Advisory Committee: Kammy Ladd reported that the committee met on September 22. Josh Talbot came and presented on the CCBHC audit to the committee. Kammy informed the committee about the new 988 suicide number. Informed the committee about Pines expanding into the new Michigan Works building. Housing funds will be transferred to Family Promise. Currently have three members, looking for three more.

Integrated Health: Renee Mundy reported on Sarah Byers who is Pines dietician. She is looking for more clients that will participate who meet metabolic syndrome. Recently hired an LPN. Also recently hired another RN that is a part of the CCBHC grant. Renee reported on Pines having five physicians, one nurse practitioner and the days and times they are all available.

CCBHC: Jean Weber reported Crisis Mobile calls peak time between 12pm-5pm for children and adults. Jean reported on the CCBHC audit. Six of Pines consumers came to the audit. Pines missed the 500 mark of enrolled adults in the program in the first year. Pines has increased CCBHC

members by 50%. Goals put into place is to see more veterans through CCBHC. Victoria Cruz-Hall Pines Crisis Advocate, started a morning recovery group over Zoom from 6:30am – 7:30am. CCBHC Youth Advocate is running groups for gender specific and non-binary.

Utilization Management: Tamara Winchell reported on Care Connectors grant that Pines received from SWMBH last Fiscal Year. Kammy Ladd has stepped in to help with Care Connectors with intakes. Tamara reported on hospitalizations. The month of August had 23 prescreens. 18 adults, 5 children. 12 people hospitalized 8 adults, 4 children. No one went to crisis residential. 10 people had substance use disorders identified. No one had to go to substance use detox. Four clients went to ProMedica, two went to Oaklawn and two to other hospitals. No one had to wait more than 24 hours for hospitalizations. Average wait time was 20 hours. Children Hospitalizations – one went to Forestview, two went to Cider Creek, one went to Michiana Behavioral hospital. Average length of stay was thirteen days for children. No recidivism this month. Adults averaged 8.3 length of stay.

Outpatient: Julie Robert reported on intensive outpatient program for substance abuse clients continue to grow. Adding two new substance abuse groups at different times of the day for early and relapse intervention. New Jail Navigator is connecting people with substance abuse treatment opportunities once released. One therapist is nearing completion of her Parenting Management training and getting her certification. New cohort for trauma focused CBT there will be two therapists and Julie as the supervisor. Intake process is going smooth.

Recipient Rights: Sareina Sechler reported on a lot of complaints coming in under dignity and respect with providers and their staff. Sareina was able to go to the Recipient Rights Annual training in Ypsilanti.

Board Committees:

Personnel Committee: Committee met on September 20, 2022

- Bing Johnson reported on the October Board Meeting has a conflict with the State Convention. Adjustments to October Pines Board Meeting will be addressed at September's Board Meeting. Pine is currently on-boarding a new physician to address addictions and to head up the MAT (Medication Assisted Treatment) Program. Pine is currently on-boarding a nurse that is in pursuit of her Family Nurse Practitioner certification. Her current role is coordination of care within CCBHC grant especially with the Family Medicine Clinics and Adolescent Clinic in the county. Union negotiations are set to begin anytime. Pines has asked Aviza insurance to look into insurance plans to explore for consideration as Health Care costs continue to rise. Personnel issues were discussed with no board action needed.

Finance Committee: Committee met on September 23, 2022.

- The committee met to review the July and August Data. The July budget should be at 83.33% as of the end of July. Our actual YTD Revenue is at \$16,224,029 vs our budget of \$18,783,682 for an actual 72%. The actual YTD Expenditure is at \$14,770,108 vs budgeted \$16,977,391 for an actual of 72.5%. There is a surplus of \$1,453,921. The August budget should be at 91.67% as the end of August 2022.
- Our actual YTD Revenue is at \$17,813,396 vs our budget of \$20,662,051 for an actual of 81.5%. There is a surplus of \$1,201,768. The committee recommends approval of this report. Motion was made by Lori LaBundy with support by Wendy Salyer to approve the July and August budget. Motion carried.
- The board reviewed the checking account.

- Tim Brown reviewed the draft budget for FY 2023, no actionable items were included. Motion was made by Wendy Salyer with support by Bing Johnson to approve Fiscal Year 2023 budget. Motion carried.

Program Committee: Committee met on September 26, 2022.

- No Letting Go - Sue Germann updated everyone on last Saturday's film showing. Small attendance, but it resulted in at least one referral for services.
- CCBHC Site Review - Sue Germann updated everyone on the recent CCBHC site review. The review included a presentation by CCBHC grant funded staff and resulting in the identification of strengths that included our ability to get the grant off the ground quickly and consumer involvement, and gaps included the lack of diversion from inpatient and high intensity substance use services. The review also included information on how we could use the money from Year 1 and Year 2 to better meet our needs including being able to apply the money to small renovations to the MIWorks Space.
- Housing Update - Everything is on target for the housing grants to move over to Coldwater Housing Commission to be managed by their non-profit subsidiary, "Housing Matters". Angel Wilkinson will move over to Housing Matters, whereas Annette Storey is staying at Pines.
- ProMedica Updates - Pines has been working with ProMedica on enhanced coordination of care with the Family Medical Clinics. In the meantime, Darren Moore was resigned which may have an impact on the coordination efforts. In the meantime, Alan Sattler, the new CEO has visited Pines and requested that a community group look at ways to avoid using the ER unnecessarily. Sue Germann has offered an intensive day program option 9-4 for those waiting on a bed at the ER, or those that with intensive services could avoid ER admission altogether.

Recipient Rights Committee: Committee met on September 12, 2022.

- Current Complaint Data Update: Currently there are 31 filed complaints with Pines. Of those complaints 11 have been substantiated. 15 complaints have been unsubstantiated. There are 5 open investigations (1 in which is an intervention). Those under investigation are falling under Dignity and Respect and Services Suited to condition.
- RRO is going to be attending the Annual Recipient Rights Conference in Ypsilanti for the week.
- RRO has been conducting site visits through all contracted providers. There are still some providers to complete in the Kalamazoo area.
- RRO Sareina had assistance from RRO Mike Sidener - St. Joe Co. completed a site visit on ProMedica Coldwater.
- CEO reported the FY23 isn't approved yet, but the budget is currently set at \$81,386.39. This includes salary, training expenses, etc.
- Next meeting is scheduled for 12/13/2022 at 12:00pm.

Old Business: None

New Business: Due to the fall conference in October, Tom Schmelzer suggested changing our meeting date to Wednesday October 26, 2022. Jay Gallagher made the motion to move the October Board Meeting from Tuesday October 25, 2022 to Wednesday October 26, 2022. Motion made by Jay Gallagher with support by Jon Houtz to move the October Board Meeting to October 26, 2022. Motion carried.

Public Comments: None

Adjournment: Motion was made by Jay Gallagher and supported by Jon Houtz that the meeting be adjourned at 7:38 p.m. Motion carried.

Megan Daws, Recorder